

## TOBA Pack List

| Item  | #<br>Required           | Description   |
|---|-------------------------|---|
| Sleeping Bag                                | 1                       | Fiber-filled 30 degrees with no down or cotton stuffing (needs a stuff sack case)   |
| Sturdy Shoes                                | 1 pair                  | For hiking over rugged ground and trails. <i>Clearly labeled</i>  |
| Sneakers                                    | 1 pair                  | Play shoes that will get dirty and wet. <i>Clearly labeled</i>  |
| Sport sandals w/ a back strap               | 1 pair                  | For water play and showers (close toed). <i>Clearly labeled</i>   |
| Socks                                       | 8 pairs                 | For sneakers  |
| Underwear                                   | 10 pairs                |   |
| T-Shirts                                    | 8                       | No inappropriate slogans or pictures  |
| Shorts                                      | 8                       | Quick-drying shorts are best (like soccer/running shorts)   |
| Pants                                       | 2                       | Quick drying pants and khakis are best (no blue jeans)  |
| Pajamas                                     | 2                       | Summer time weight-not too heavy or "hot"   |
| Bandanas                                    | 2                       | For use on camping and canoe trips  |
| Dry bag for personal clothing               | 1                       | For use during canoe trip. 30 to 40 quart is best size to accommodate several days worth of clothing  |
| Swimsuits                                   | 2                       | Females must be one piece or tankini- NO bikinis please   |
| Light jacket or sweatshirt                  | 1                       | Night time temps in the 60s   |
| Rain jacket or poncho                       | 1                       | The rain poncho is cheapest, best, and strongly recommended.  |
| Thermals (AKA-Long underwear or base layer) | 1 set<br>(top & bottom) | Light weight (AKA silk weight to keep warm at night, prevent sunburn, and keep bugs off at night. No cotton please-synthetic material please.                   |
| Laundry bag                                 | 1                       | Clearly labeled please  |
| Twin sheet set                              | 1 set                   | Please send an extra set if nighttime enuresis is an issue.   |
| Pillow                                      | 1                       |   |
| Towels & washcloths                         | 2 sets                  | No beach towels please. They will not dry between uses. Clearly labeled   |
| Toiletries & shower bag/case                |                         | Toothpaste, toothbrush, deodorant (non-aerosol), comb/brush, shampoo, conditioner, soap, shaving cream & razor, face wash, etc...                               |
| <b>Optional items</b>                       |                         |   |
| School sized backpack                       | 1                       | For day trips. (Talisman provides backpacking/camping packs)  |
| Flashlight & Batteries                      | 1                       | Head lamps are best   |
| Water bottles                               | 2                       | Large size-32 ounce (We suggest Nalgene brand).   |
| Rubbermaid box/tub or duffel bag            |                         | Can purchase at Wal-mart or similar. <b>Only clothing and hygiene products need to fit into this.</b> (Under bed storage space is 12" high and up to 40" wide). |
| <b>Optional items</b>                       |                         |   |
| Hat or cheap sunglasses                     | 1                       | For sunny and hot days. (All forms of glasses should have a strap/cord/croakie, or lanyard to prevent loss of glasses during water activities.)                 |
| Writing materials                           |                         | Letter writing materials include stamped and addressed return envelopes please.   |
| Books                                       |                         | Age and camp appropriate please   |
| Family & pet photos                         |                         |   |
| Games                                       |                         | Card and travel games are easy to carry in their day packs.   |
| Permethrin clothing or the clothing spray   |                         | Talisman provides bug spray but some campers are sensitive to bug bites and may need more prevention.   |

**All clothing & belongings must be clearly labeled with first and last name with a laundry marker.** We can only send home lost items that are clearly labeled if found. All other unmarked items will go to Goodwill. **Please be aware that all items brought to camp may be lost or damaged.** We encourage you to fulfill as many of the above items with hand-me-downs, or purchasing very inexpensive or gently used items. **If your camper loses items at home then we promise they will lose items at camp as well!**

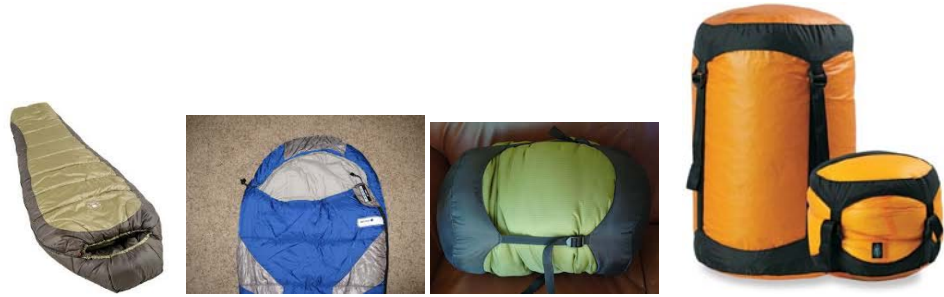
**ITEMS NOT ALLOWED AT TALISMAN: Electronic equipment, alcohol, drugs, pets/live animals, guns or weapons of any kind.**

**TOBA pack list examples**

**Rubbermaid box/tub and/or duffel bag:**



**Sleeping bag and stuff sack:**



**Sport sandals with back strap:**



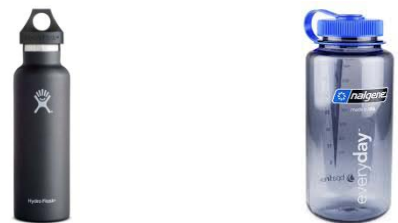
**Thermals (AKA long underwear/base layer):**



**Headlamps:**



**Water bottles:**



**Dry Bag:**

